

## Monday

### Baby Playgroup 'Newbies'

12.30 - 1:30pm  
2.00pm - 3.00pm

A free supported playgroup for babies from birth to pre-walkers with a focus on development and play through songs, stories, sensory activities and information sharing.

Facilitated by Daniela,  
Occupational Therapist

8th May - 3rd July

Registration is required as group numbers are capped. Please register with Daniela, Kendall or the centre

### Community Group



#### Monthly on Tuesdays Felting

May 9th 2:00pm - 3:30pm

#### Basket Weaving with raffia

June 13th 2.00pm - 3.30pm

#### Painting - Canvas and placemats

July 4th 2.00pm - 3.30pm

Parents, Grandparents and Carers of the children's centre get together to do something fun and creative (crèche available)

Please join us and be a part of your centre and your community

## Tuesday

### Playgroup 'Talk, Play, Learn'

10.00am - 11.30am

A free supported playgroup for children aged birth - 4 years. Stories, sensory play, craft, songs and snack time with a focus on play and language development.

Please bring a piece of fruit to share.

Facilitated by Lauren,  
Speech Pathologist  
2nd May - 4th July

### Family Mental Health Support Service

10.00am - 4.00pm

A free service supporting children aged 0 - 18 years and their families

Facilitated by Baptist Care  
By Appointment

### School Holiday Fun!

10am - 12.00pm 11th July  
Little Scientists

10am - 11am 18th July  
Bop till you drop!

At Ingle Farm Children's Centre  
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At Pooraka Farm Community Centre

10am - 12pm 13th July  
Creating with Origami

Time TBA 20th July  
Celebrating Aboriginal Culture

For NAIDOC Week  
In partnership with  
Pooraka Farm Community Centre

## Wednesday

### Child and Family Health Service Drop In Clinic

9.00am - 11.00am

For a brief 10 minute consultation to assess and monitor your baby's growth. If extra support is required with feeding or settling issues please make an appointment

### Child and Family Health Service Support Groups

10.00am - 12.00pm

Sleep and Settling  
24th May & 5th July

Continuing the Feeding Journey  
12th July

By appointment

Contact CaFHS on 1300 733 606

### Rainbow Kids Family Yoga

9.30am - 10.30am

For families with children aged up to 4 years. Family Yoga is filled with fun, music, poses, relaxation & mindfulness.

All equipment supplied  
3rd May - 28th June

(there is no session on 24th May)  
\$5.00 p/family. First session free

Come in for your reading pack from

### Little Big Book Club

Packs for Babies and Toddlers

Preschool packs are collected from your child's preschool

## Thursday

### Child and Family Health Service Breast Feeding Clinic

Make an appointment with a CaFHS Lactation Specialist  
Ph. 1300 733 606

### Come and Play Music with Cindy-Anne

10.00am - 10.45am

Music sessions for babies aged birth - 18months and their parent / care giver. Sessions include songs, instrument play & movement

18th May - 6th July

\$5.00 per child per session  
First session free

Please register with Kendall

### Stay and Play Music

10.45am - 11.45pm

Stay and Play after music group to have a coffee and get to know those in the group a bit better while baby continues musical play. All welcome even if you aren't attending music group.

### Being with Big Feelings

A series of workshops exploring key themes related to supporting your and your child's exploration and understanding of feelings.

Facilitated by Daniela, Occupational Therapist.

Please register your interest with Kendall for the Thursday afternoon sessions. Dates TBA.

## Friday

### Child and Family Health Service Appointments

Appointments are available Monday - Friday. Please see back of brochure for more information

### Spanish Playgroup

10.00am - 12.00pm

A free playgroup for children aged 0 - 4 years from Spanish speaking families  
Contact Paola on 0419 676 146 or Tyson on 0457 335 504

### Early Parenting Group 2.00pm - 4.00pm

A 6 week CaFHS led group for new parents and their babies. Days and times can differ

Contact CaFHS on 1300 733 606

### Great Start

Everyday ideas for learning



<http://www.greatstart.sa.edu.au/>



Ingle Farm Children's Centre is a **Let's Read** affiliated centre.  
Come in and find out more about reading with your child

## SERVICES AVAILABLE

### Kindergarten

In DECD kindergarten/preschools, children are able to access a maximum of 15 hours of kindergarten for 4 terms prior to starting school.

Preschool programs are play-based educational programs designed and delivered by qualified teachers using the national curriculum framework.

Sessions: Monday to Thursday 8.00am - 3.30pm

### Occasional Care

Occasional Care is short term child care for babies, toddlers and children from 6 months to 5yrs of age. Care is available for a maximum of one session per week, depending on availability.

Sessions: Tuesday to Thursday

AM - 8.30 to 11.30

PM - 12.15 to 3.15

Under 2's available Tues or Wed AM only

Please note: Occasional Care is only available to children who do not access any other form of child care or Family Day Care.

### Child and Family Health Services



Child Health &  
Development Checks

Sleep & Settling

Breastfeeding & Feeding

Make an appointment to  
see a CaFHS nurse

Ph. 1300 733 606

## SERVICES AVAILABLE

### Community Services

Playgroups 'Talk Play Learn' & 'Newbies' & Spanish

Music Playgroups 'Come and Play Music'

Parent and Baby / Children groups 'Stay and Play Music'  
and Rainbow Kids Family Yoga

Parent and Community Groups

Family Mental Health Support Service

CanDo: 4 Kids

First Aid Awareness for Parents and Carers

Parenting Courses 'Circle of Security' &  
'Bringing Up Great Kids'

Parenting information sessions and workshops

CaFHS Clinics & Early Parenting Groups

Baby weigh station

Community Development Coordinator

Occupational Therapist

Speech Pathologist

Ingle Farm Children's Centre

2 Belalie Road

Po Box 122

Ingle Farm SA 5098

Ph. (08) 8260 3511 Fax. (08) 8260 3533



Ingle Farm  
**Children's Centre**  
for Early Childhood  
Development and Parenting

*Term 2~ 2017*

# Timetable and Information

Ph. (08) 8260 3511

[www.inglefarmcc.sa.edu.au](http://www.inglefarmcc.sa.edu.au)

**Director:** Nadia Carruozzo

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**Community Development Coordinator:**

Kendall Crabtree

Ph. 0417 313 067



**Government of South Australia**

Department for Education and  
Child Development