

Monday

Baby Playgroup 'Newbies'

12.30pm - 1.30pm
2.00pm - 3.00pm

A free supported playgroup for babies from birth to pre-walkers with a focus on development and play through songs, stories, sensory activities and information sharing.

Facilitated by Daniela,
Occupational Therapist

Both Baby playgroup sessions are almost full and require registrations via phone or email to Daniela, Kendall or the centre

Community Group



Monthly on Tuesdays Origami Boxes

7th March 12.30pm - 2.00pm

Felting

4th April 2.00pm - 3.30pm

Parents, Grandparents and Carers of the children's centre get together to do something fun and creative (crèche available)

Please join us and be a part of your centre and your community

Tuesday

Playgroup 'Talk, Play, Learn'

10.00am - 11.30am

A free supported playgroup for children aged birth - 4 years. Stories, sensory play, craft, songs and snack time with a focus on play and language development.

Please bring a piece of fruit to share.

Facilitated by Lauren,
Speech Pathologist.

31st January - 11th April

Family Mental Health Support Service

10.00am - 4.00pm

A free service supporting children aged 0 - 18 years and their families

Facilitated by Baptist Care
By Appointment

School Holiday Fun!

21st April 10am - 12.00pm

Natureplay 'Celebrating Autumn'
Outdoor playgroup
At Ingle Farm Children's Centre

20th April 10am - 12.00pm

International Cooking
At Pooraka Farm Community Centre

27th April 1.00pm - 3.00pm

Working with Wood
At Scott Street Hall, Pooraka

In partnership with
Pooraka Farm Community Centre

Wednesday

Child and Family Health Service Drop In Clinic

9.00am - 11.00am

For a brief 10 minute consultation to assess your baby's growth. If extra support is required with feeding or settling issues please make an appointment

Child and Family Health Service Support Groups

10.00am - 12.00pm

Sleep and Settling 15/2 or 29/3
Continuing the Feeding Journey
15/3 or 12/4

By appointment

Contact CaFHS on 1300 733 606

Rainbow Yoga

'Family Yoga'

From Term 2

9:30am - 10.30am

Family Yoga is filled with fun, music, poses, games, activities, relaxation & mindfulness

It is quality time spent together for families with children aged from birth to 4 years. \$5.00 per session. First session is free. Mats provided. Register with Kendall

First Aid Awareness

Thursday 2nd March

6.00pm - 7.30pm

For carers of babies & young children
\$5.00 per person.
Crèche available - bookings essential
Please register with Kendall for upcoming sessions

Thursday

Child and Family Health Service Breast Feeding Clinic

Make an appointment with a CaFHS Lactation Specialist
Ph. 1300 733 606

What would you like to see running at the centre? We're always happy to hear your feedback and ideas for how we can better support children and families in our community. Phone or email us or drop by for a chat!

Great Start

Everyday ideas for learning



<http://www.greatstart.sa.edu.au/>

Jodie Benveniste

Recognising and responding to your child's more challenging behaviour

Thursday 9th March

6:00pm - 8:00pm

A free evening presentation for parents by well-known psychologist, parenting author and speaker
Crèche will be available
Please register with Kendall

Friday

Child and Family Health Service Appointments

Appointments are available Monday - Friday. Please see back of brochure for more information

Spanish Playgroup

10.00am - 12.00pm

A free playgroup for children aged 0 - 4 years from Spanish speaking families
Contact Maria on 0466 107 035

Early Parenting Group

2.00pm - 4.00pm

A 6 week CaFHS led group for new parents and their babies. Days and times can differ

Contact CaFHS on 1300 733 606

Come in for your reading pack from

Little Big Book Club

Packs for Babies and Toddlers
Preschool packs are collected from your child's preschool



Ingle Farm Children's Centre is a **Let's Read** affiliated centre.
Come in and find out more about reading with your child

SERVICES AVAILABLE

Kindergarten

In DECD kindergarten/preschools, children are able to access a maximum of 15 hours of kindergarten for 4 terms prior to starting school. Preschool programs are play-based educational programs designed and delivered by qualified teachers using the national curriculum framework.

Sessions: Monday to Thursday 8.00am - 3.30pm

Occasional Care

Occasional Care is short term child care for babies, toddlers and children from 6 months to 5yrs of age. Care is available for a maximum of one session per week, depending on availability.

Sessions: Tuesday to Thursday

AM - 8.30 to 11.30

PM - 12.15 to 3.15

Under 2's available Tues or Wed AM only

Please note: Occasional Care is only available to children who do not access any other form of child care or Family Day Care.

Child and Family Health Services



Child Health & Development Checks

Sleep & Settling

Breastfeeding & Feeding

Make an appointment to see a CaFHS nurse

Ph. 1300 733 606

SERVICES AVAILABLE

Community Services

Playgroups 'Talk Play Learn' & 'Newbies' & Española

Music Playgroups 'Come and Play Music'

Parent and Baby / Children groups 'Stay and Play Music'

Family Yoga 'Rainbow Kids Yoga'

Parent and Community Groups

Family Mental Health Support Service

CanDo: 4 Kids

First Aid Awareness for Parents and Carers

Parenting Courses 'Circle of Security' &

'Bringing Up Great Kids'

Parenting information sessions and workshops

CaFHS Clinics & Early Parenting Groups

Baby weigh station

Community Development Coordinator

Occupational Therapist

Speech Pathologist

Ingle Farm Children's Centre

2 Belalie Road

Po Box 122

Ingle Farm SA 5098

Ph. (08) 8260 3511 Fax. (08) 8260 3533



Ingle Farm
Children's Centre
for Early Childhood
Development and Parenting

Term 1~ 2017

Timetable and Information

Ph. (08) 8260 3511

www.inglefarmcc.sa.edu.au

Director: Nadia Carruozzo

Email: dl.2630.leaders@schools.sa.edu.au

Community Development Coordinator:

Kendall Crabtree

Ph. 0417 313 067



Government of South Australia

Department for Education and
Child Development